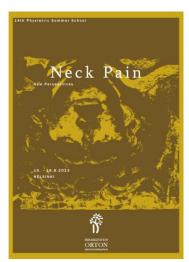


## 14th Physiatric Summer School Neck Pain – New Perspectives August 15<sup>th</sup> -16<sup>th</sup>, 2013



*Date* 15. - 16.8.2013

Place ORTON Foundation, auditorium

Organizer ORTON Foundation and ORTON Rehabilitation Centre

Course leader Karl-August Lindgren, MD, PhD, ORTON Rehabilitation Centre,

phone +358 9 4748 6366

Target groups Physicians, physiotherapists, occupational therapists and other health care

professionals

Objectives To provide audience with the newest studies concerning neck pain.

*Fees* 500 € - *Helsinki* (*Price includes course material, lunches and coffee*).

300 € - Oulu (Oulun Mediterapia, Nahkatehtaankatu 2, 90130 Oulu)

(Video connection at Oulu - price includes course material)

Registration 1.8.2013 at the latest

• on our website (www.orton.fi > ORTON seminars)

• via registration link:

https://www.lyyti.fi/ilmoittaudu/14th Physiatric Summer School Neck Pain New Perspectives 5766

• by e-mail: leena.somerkoski@orton.fi.

| <i>Thursday 15<sup>th</sup> o</i> 8.00 - 9.00 | f August 2013 Registration, Exhibition                                |   |
|---|---|---|
|   |   | Chairman: Karl-August Lindgren  |
| 9.00 - 9.05                                   | Opening Remarks   | Heikki Hurri, Professor<br>ORTON Rehabilitation Centre,<br>Finland                  |
| 9.05 – 9.15                                   | Introduction  | Karl-August Lindgren, MD, PhD<br>ORTON Rehabilitation Centre,<br>Finland            |
| 9.15 – 10.00                                  | Functional anatomy of the cervical spine                              | Victor Dvorak, MD, PhD<br>Switzerland   |
| 10.00 – 10.30                                 | Coffee Break and Exhibition   |   |
| 10.30 - 11.10                                 | Epidemiology of neck pain<br>Clinical course and prognostic factors   | Arianne Verhagen, MD, PhD<br>University Medical Center Rotterdam<br>The Netherlands |
| 11.10 - 11.50                                 | Atlantoaxialis osteoarthritis and subluxation – frequently overlooked | Stefan Schaeren, MD, PhD<br>University Hospital Basel<br>Switzerland                |
| 11.50 - 13.10                                 | Lunch and Exhibition  |   |
| 13.10 - 13.45                                 | Surgical interventions for neck pain                                  | Claes Ulerud, MD, PhD<br>Uppsala University Hospital<br>Sweden                      |
| 13.45 - 14.15                                 | The neck disability index from 1991 until today                       | Howard Vernon, Professor  Canadian Memorial Chiropractic  College  Canada           |
| 14.15 -14.45                                  | The ProFitMap-neck questionnaire                                      | Martin Björklund, PhD, Ass. Prof.<br>University of Gävle<br>Sweden                  |
| 14.45 - 15.15                                 | Coffee Break and Exhibition   |   |
| 15.15 - 15.45                                 | Neck pain from rheumatologic aspects                                  | Markku Kauppi, MD, PhD<br>Päijät-Häme Central Hospital,<br>Finland                  |

| 15.45 – 16.15               | "Cervical dystonia or tension neck? – Clues to early diagnosis"                                 | Seppo Soinila, MD, PhD Turku University Hospital Finland                        |  |
|-----------------------------|---|---|--|
| 16.15 – 16.30               | Discussion and Closing of Day 1   |   |  |
| Friday 16th of August, 2013 |   |   |  |
| 9.00 - 9.10                 | Recap of Day 1  | Karl-August Lindgren  |  |
| 9.10 – 9.20                 | Cerebral perfusion in patients, suffering from neck pain, accompanied by headaches. SPECT study | Maxim A. Bakhtadze, MD, PhD Russian National Research Medical University Russia |  |
| 9.10 – 10.00                | Radiological assessment of patients with neck pain  | Raija Mikkonen, MD, PhD<br>Terveystalo<br>Finland                               |  |
| 10.00 - 10.45               | Coffee Break and Exhibition   |   |  |
| 10.45 - 11.30               | Conservative therapy modalities for neck pain   | Arianne Verhagen, MD, PhD University Medical Center Rotterdam The Netherlands   |  |
| 11.30 - 12.05               | Risk of vertebrobrasilar stroke after manipulation of the cervical spine                        | Eleanor Boyle, PhD, Ass. Prof.<br>University of Southern Denmark<br>Denmark     |  |
| 12.05 - 12.15               | Commentary  | Eero Hirvensalo, MD, PhD The Hospital District of Helsinki and Uusimaa Finland  |  |
| 12.15 - 13.15               | Lunch/coffee and Exhibition   |   |  |
| 13.15 - 14.20               | Fear avoidance and illness beliefs in neck pain   | Jan Buitenhuis<br>University Medical Center Groningen<br>The Netherlands        |  |
| 14.20 – 15.00               | When to suspect a brain injury in whiplash patients   | Olli Tenovuo, MD, PhD<br>Turku University Hospital<br>Finland                   |  |
| 15.00 - 15.30               | Discussion and Closing of the Summer School   |   |  |